

FALCON FAMILY NEWS

JULY 2011



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CLASS STATISTICS (as of 30 June 2011)

	Men	Women	Total
2012	871	239	1110
2013	865	223	1088
2014	887	260	1147
2014	879	254	1133
WING	3517	977	4494

CADET AWARDS PROGRAM

The Cadet Awards Program offers incentives to cadets for higher achievements in academic, athletic, leadership, military training and related activities by public recognition at the Individual Awards Ceremony which takes place on the Monday prior to graduation. The individual awards foster competition and enhance morale. We thank the United States Air Force Academy Colorado Parents Club and the Georgia Parents Club for sponsoring cadet awards. There are several other cadet awards available for sponsorship. Please contact Ms. Cathy Wedo, Chief of Cadet Awards at (719) 333-4410 or cathy.wedo@usafa.edu, for more information if your club is interested in sponsoring one.

GRADUATION-CLASS OF 2011 (CLICK AND FOLLOW LINKS)

Six weeks after graduation, the proofs of the graduates pictures taken during graduation ceremony are mailed to each cadet's home of record. [Graduation DVDs](#) shipped late July to early August; [POLARIS 2011 yearbooks](#) ship beginning of September. The [2011 yearbooks and graduation DVDs](#) are still available for purchase at <http://www.usafaservices.com/cadet-activities/cadet-media>.

BASIC CADET TRAINING-CLASS OF 2015

BCT DVD: See first-hand your cadet's entire 2015 basic training experience in this professionally produced USAFA sanctioned video. Reserve your limited edition copy now at <http://www.usafaservices.com/cadet-activities/cadet-media>.

- Filming began Day 1-In processing day, through 1st and 2nd Beast; concluded with Acceptance Parade and shoulder-board pin-on.
- Includes every basic during flight's portrait day or squadron activity film day

BCT YEARBOOK: Preorder your own keepsake the "[Class of 2015 Basic Cadet Training](#)" yearbook. Order forms available at <http://www.usafaservices.com/cadet-activities/cadet-media>.

BCT CONGRATULATORY MESSAGES: This is your opportunity to congratulate your basic cadet and express how proud you are he/she completed Basic Cadet Training at the prestigious Air Force Academy. Honor your cadet with a lifetime memory; place a congratulatory message in the [Class of 2015 Basic Cadet Training Yearbook](#). Enter your message on-line [here](#) or at <http://www.usafaservices.com/cadet-activities/cadet-media>.

Parents have two options

Option One - 1/8 page ad which includes a Headline and a 600 character message + one color image of their choice to upload. The cost of this ad is \$45

Option Two - 1/32 page ad which includes a Headline and a 200 character message. (no photo) The cost of this ad is \$30.

*Final deadline for ad submission for Oct. 1, 2011.

**Each Fourth Class Cadet receive their own copy of BCT yearbook during Fall distribution

BCT WARRIOR PORTRAIT: BCT packages (Flight and Individual photos) available for preorders or during Parents Weekend Information Fair on Friday, Sept 2nd, 7:30-4pm, Arnold Hall Ballroom.

97.7FM KAFA cadet radio station "*Voice of USAFA*"

- Listen online at www.usafa.edu
- Download from the USAFA apps for Android© or iPhone© click the "Radio" button for mobile streaming
- **ATTENTION FACEBOOK USERS**: View video excerpts and photos from "[2015 BCT DVD](#)" and "[2015 BCT Yearbook](#)" on [97.7 KAFA](#). Take moment to click "Like" at top of page. Not a Facebook user, now's the time to view 100's of photos and video excerpts *FREE*.

FAMILY PORTRAITS: Parents Weekend is your opportunity to get portraits taken with cadets in uniform on Friday, Sept 2nd, 7:30-4pm, at Parents Weekend Information Fair, Arnold Hall Ballroom.

Order forms and portrait info available at <http://www.usafaservices.com/cadet-activities/cadet-media>

Questions? Contact Cadet Wing Media at (719) 333-4644 or email: cwmedia@usafa.edu.

POST OFFICE BOX, FEDERAL EXPRESS, UPS, and DHL INFORMATION

from the USAFA Postmaster

The correct mailing address for your cadet is crucial. Mail not deliverable due to the incorrect address or insufficient information will be returned to the sender or sent to the Dead Letter Office (if there is no return address).

In addition to regular mail (envelopes) you may also send packages to the post office box and the cadets will receive a note in their boxes instructing them to pick up their packages at the counter. The address must be complete and correct. (Note that the zip code for cadets is 80841 rather than 80840.) The correct address for all cadets is below:

John Doe
PO Box xxxx (post office box number)
USAFA CO 80841-xxxx (post office box number)

(If you wish, you can also put the cadet rank (C4C, C3C, etc. before the name or as a basic cadet it should be "Basic Cadet John Doe").

If you choose to send a package via Federal Express, UPS or DHL, you need a street address. They will not deliver to a post office box. The pick up location, called Pak Mail, is in the Cadet Book Store in Vandenberg Hall. Below is the correct mailing address:

John Doe (add the rank before the name if you wish)
Pak Mail
2360 Vandenberg Drive
USAFA CO 80840-xxxx (*post office box number)

*The post office box number is added to this as a 4 digit zip+4 and a means of identification when the cadet picks up the package at Pak Mail.

PREDATOR DEDICATED TO ACADEMY

A Predator remotely piloted aircraft was dedicated to the Air Force Academy in a ribbon cutting ceremony on the 22nd of June in Mitchell Dining Hall. Manufactured by General Atomics and officially designated the MQ-1B Predator Drone, the aircraft was accepted by the Air Force in July 1997 and saw active operational service in Bosnia-Herzegovina. Its final flight occurred in June 2003, having flown a total of 2033.7 hours.

The Predator in its current configuration carries two high density foam replicas of the AGM-114 hellfire missile, mounted on pylons under each wing. The aircraft carries a high density foam replica of the multi-spectral targeting system. The propeller is fixed in position and landing gear is retracted.

One reason for the dedication is to impress upon cadets the changing nature of air power, with unmanned aircraft now a major component of the modern battlefield. The Predator will be on permanent display, hanging in the southwest corner of the dining hall.

SUMMER FOOD SAFETY TIPS

Summer is in full swing and picnics and barbecues can be found in just about every part of every city in the country! Grilling, whether it be veggies or a nice juicy burger, is a national pastime. However, scary statistics reveal that one in six Americans will get food poisoning this year - that's 48 million people! The USDA Meat and Poultry Hotline feels that it is important to give you information that can help prevent food poisoning when preparing meals at home. Four simple behaviors - Clean, Separate, Cook and Chill - are the focus of the new Food Safe Families campaign and can help keep you and your family safe when preparing, serving and storing food this summer.

Clean- wash hands and surfaces often

- Bacteria can spread throughout the kitchen and get onto hands, cutting boards, utensils, counter tops and food
- Wash your hands with warm water and soap for at least 20 seconds before and after handling food and after using the bathroom, changing diapers and handling pets

- Wash cutting boards, dishes, utensils and counter tops with hot soapy water after preparing each food item and before you go on to the next food
- Rinse fresh fruits and vegetables under running tap water, including those with skins and rinds that are not eaten
- Rub firm-skin fruits and vegetables under running tap water or scrub with a clean vegetable brush while rinsing with running tap water

Separate - don't cross-contaminate

- Cross-contamination is how bacteria can be spread; when handling raw meat, poultry, seafood and eggs, keep these foods and their juices away from ready-to-eat foods; always start with a clean scene
- Separate raw meat, poultry, seafood and eggs from other foods in your grocery shopping cart, crockery bags and in your refrigerator
- Use one cutting board for fresh produce and a separate one for raw meat, poultry and seafood
- Never place cooked food on a plate that previously held raw meat, poultry, seafood or eggs

Cook - cook to proper temperatures

- Food is safely cooked when it reaches a high enough internal temperature to kill the harmful bacteria that cause illness
- Use a food thermometer to measure the internal temperature of cooked foods; make sure that meat, poultry, egg dishes, casseroles and other foods are cooked to the appropriate temperatures
(http://www.fsis.usda.gov/factsheets/Keep_Food_Safe_Food_Safety_Basics/index.asp)
- Cook ground meat or ground poultry until it reaches a safe internal temperature (see above reference)- color is NOT a reliable indicator of doneness
- Cook eggs until the yolk and white are firm; only use recipes in which eggs are cooked or heated thoroughly
- When cooking in a microwave oven, cover food, stir and rotate for even cooking; food is done when it reaches the internal temperatures previously noted
- Bring sauces, soups and gravy to a boil when reheating

Chill - refrigerate promptly

- Refrigerate foods quickly because cold temperatures slow the growth of harmful bacteria; do not over-stuff the refrigerator - cold air must circulate to help keep food safe; keeping a constant refrigerator temperature of 40°F or below is one of the most effective ways to reduce the risk of food borne illness
- Refrigerate or freeze meat, poultry, eggs and other perishables as soon as you get them home from the store

- Never let raw meat, poultry, eggs, cooked food or cut fresh fruits or vegetables sit at room temperature more than two hours before putting them in the refrigerator or freezer - one hour when the temperature is above 90°F
- Never defrost food at room temperature - food must be kept at a safe temperature during thawing; there are three safe ways to defrost food: in the refrigerator, in cold water, and in the microwave. Food thawed in cold water or in the microwave should be cooked immediately
- Always marinate food in the refrigerator
- Divide large amounts of leftovers into shallow containers for quicker cooking in the refrigerator
- Use or discard refrigerated food on a regular basis

Public Health flight members are dedicated to ensuring your cadet has the most current preventive health information available. Please do not hesitate to contact us if you have any questions or cadet public health concerns- Maj Brigitte French at 719-333-5186.



News Release

U.S. Air Force Academy

Athletic Communications Office
2169 Field House Dr.
USAF Academy, CO 80840

Tuesday, June 28, 2011

Fifty-one Air Force athletes named Mountain West Conference scholar-athletes

U.S. Air Force Academy, Colo. – Fifty-one Air Force athletes representing 18 different sports were named Mountain West Conference scholar-athletes today by the conference office. To be eligible for selection, student-athletes must have completed at least two academic terms at member institutions, while maintaining a cumulative grade point average of 3.5 or better, and have participated in varsity competition in an NCAA-sponsored sport.

A total of 581 student-athletes were honored, including 43 individuals who have achieved a 4.00 or higher cumulative grade point average over two or more terms, and 65 student-athletes who were recognized in multiple sports. This year's mark shattered the previous league record of 549 honorees, set in 2008-09. The MW Scholar-Athlete Award is one of the highest academic honors bestowed by the Conference.

Air Force's honorees follow below (Sport, name, year, GPA, major).

Baseball: Michael Ceci (junior, 3.77, Management); Vai Schierholtz (senior, 3.55, Systems Engineering Management).

Men's Cross Country: Edward Artz (sophomore, 3.88, Aeronautical Engineering); Matthew Bell (sophomore, 3.60, Environmental Engineering); Jeremy Drenckhahn (sophomore, 3.78, Biology); Jacob Hawkins (freshman, 3.84, Physics); Tyler Small (senior, 3.53, Physics).

Women's Cross Country: Amanda Blain (freshman, 3.74, undeclared); Kate Kanetzky (sophomore, 3.78, Geospatial Science).

Women's Fencing: Simone Barrette (junior, 3.53, Management); Kaitlyn Bogan (junior, 3.54, English); Heather Nelson (sophomore, 3.76, Astronautical Engineering); Olivia Prosseda (freshman, 3.51, undeclared).

Football: Kevin Fogler (senior, 3.64, Management).

Men's Golf: Mark Boyer (junior, 3.83, Aeronautical Engineering).

Men's Gymnastics: Jacob Houder (junior, 3.68, BioChemistry); Travis Myers (junior, 3.92, Materials Chemistry).

Ice Hockey: John McKenzie (freshman, 3.80, Aeronautical Engineering); Paul Weisgarber (junior, 3.60, Management).

Lacrosse: Michael Curran (freshman, 3.58, Management); Daniel Schonfeld (sophomore, 3.78, Mechanical Engineering).

Men's Rifle: Matthew Kluckman (sophomore, 3.99, Computer Engineering).

Men's Soccer: Conor Henry (sophomore, 3.56, Systems Engineering Management); Kevin Rossillon (sophomore, 3.88, Operations Research).

Men's Swimming and Diving: Cody Deacon (junior, 3.83, Aeronautical Engineering); Eric Robinson (senior, 3.98, Math).

Women's Swimming and Diving: Rachel Kennedy (freshman, 3.88, Biology); Kaeli Kluesner (senior, 3.57, Legal Studies); Alexandra Trobe (sophomore, 3.57, Political Science).

Men's Tennis: Michael Tope (junior, 3.65, Management).

Men's Track and Field: Edward Artz (sophomore, 3.88, Aeronautical Engineering); Matthew Bell (sophomore, 3.60, Environmental Engineering); Daniel Bieber (freshman, 3.70, Humanities); Jeremy Drenckhahn (sophomore, 3.78, Biology); Brian Ford (sophomore, 3.64, Computer Science – Cyber Warfare); Bradford Hackert (freshman, 3.70, undeclared); Jacob Hawkins (freshman, 3.84, Physics); David Ptacek (freshman, 3.69, undeclared); Christopher Severino (senior, 3.65, Civil Engineering); Tyler Small (senior, 3.53, Physics).

Women's Track and Field: Amanda Blain (freshman, 3.74, undeclared); Kate Kanetzky (sophomore, 3.78, Geospatial Science); Regan Rogers (freshman, 3.84, Biology); Kimberly Shealy (junior, 3.74, History).

Women's Volleyball: Jessica Hellmann (senior, 3.74, English); Caroline Kurtz (senior, 3.91, Systems Engineering-Human Systems); Nicole Stilwell (senior, 3.70, Math).

Wrestling: Jared Erickson (sophomore, 3.60, Civil Engineering); Brandon Mueller (sophomore, 3.73, Physics); Matthew Piazza (freshman, 3.55, undeclared); Jesse Stafford (freshman, 3.52, undeclared).